

# SafeCare



## KEYWORDS

- ♦ Clinical Supervision
- ♦ Safety Care
- ♦ Nursing
- ♦ Quality of Care

## DURATION

18 months

## PRIORITY DOMAIN

### Health and Life Sciences ▶ Health Care Delivery

The project to be developed is aligned with the Smart Specialisation Platform of Life and Health Sciences from the North Region Strategic Program. This project specifically addresses the area of Health Services provision and **aims to ensure the improvement of the quality of nursing care**, through the implementation of a model of Clinical Supervision in Nursing.

## RESEARCH TEAM

**IR** ▶ António Luís Carvalho, PhD

- ▶ Sandra Cruz, PhD
- ▶ Fátima Pinho, Lic
- ▶ Maria da Conceição Osório, Lic
- ▶ Paula Camilo, Lic
- ▶ Aurora Pereira, PhD

## BRIEF DESCRIPTION

SAFECARE aims to respond to a need identified by the Unidade Local de Saúde de Matosinhos (ULSM) (Matosinhos Local Health Unit). **This project is targeted at the health services provision and aims to insure the improvement of the quality of nursing care, through the implementation of a model of clinical supervision in nursing (CSN)** in several ULSM' wards. It will also foster cooperation between educational institutions and health care providers, since nursing degree students are placed in these wards for clinical practice training.

This is a unique opportunity to relate theory and practice – a joint interaction between classroom environment and real care contexts.

## WORKPLAN

### 1<sup>ST</sup> PHASE ▶ **SITUATION DIAGNOSIS**

**Aim** ♦ To identify sensitive indicators to healthcare, assess the needs in CSN, professional satisfaction and emotional intelligence abilities.

### 2<sup>ND</sup> PHASE ▶ **IMPLEMENTATION OF A CSN MODEL**

**Aim** ♦ To implement a CSN model in the ULSM

Teams of participants with training in CS and on relevant issues. This process involves monitored meetings and non-participant observation by undergraduate nursing students.

### 3<sup>RD</sup> PHASE ▶ **ASSESSMENT OF THE IMPLEMENTATION PROCESS OF THE CSN MODEL**

**Aim** ♦ To assess efficiency and effectiveness and the relationship between the model and the evolution of nursing-sensitive indicators.

## METHODS

The **action-research methodology** provides an opportunity to improve outcomes through introduced changes in a problematic situation, and to foster new knowledge and new insights. A collaborative team involved in reasoning, action formulation, and action taking will contribute to the safety and quality of care through the implementation of a sustainable clinical supervision model informed by nurses' needs. Several data collection instruments will be used for each phase. We will use descriptive and inferential statistical analysis for data retrieved from questionnaires and content analysis for data collected from interviews.

# Clinical Supervision for safety and care quality

## PROMOTER

- ▶ Escola Superior de Enfermagem do Porto (ESEP)

## PARTNERS

- ▶ Unidade Local de Saúde de Matosinhos, E.P.E. (ULSM)
- ▶ Instituto Politécnico de Viana do Castelo (IPVC)

## ACTIVITIES



## EXPECTED OUTCOMES AND IMPACT

Clinical supervision in nursing (CSN) plays an increasingly important role in nursing practice, since it aims to provide opportunities for nurses' professional and personal development and foster reflection on action to enhance safety and quality of practice.

The SAFECARE project is targeted at the implementation of a sustainable clinical supervision model informed by nurses' needs. In fact, CSN is aligned with one of the strategic vectors of Europe 2020 on European societal challenges on public health and quality of life.

**This process** of co-creation of added-value between a higher education institution and a hospital, complying with all principles of engagement and active participation, **will optimize the care process and respond to societal challenges of modern societies on the imperative for better health for all.** This will be documented through the assessment of the relationship between the evolution of the sensitive indicators to nursing care and the implementation of a model of CSN. We will also assess nurses' professional satisfaction and emotional intelligence abilities and establish a relationship between these and the implementation of the model.

## ACHIEVEMENT INDICATORS

- Collaborations ▶ 2
- Reports ▶ 3
- Master dissertations ▶ 2
- Research Publications ▶ 5
- Advanced training ▶ 2

## INVESTMENT NEEDED

- ▶ € 149.940,58

## CONTACTS

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